



## Write Right from God – Chapter Thirteen Exercise

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Even though many of us assume that God can hear us, we forget that we can hear God as well. Thus upon entering this state the ultimate of all conversations can begin. And every good conversation begins with a question.

With your eyes closed and your chin dropped to your chest, as is suggested in the relaxation track of the audio, ask the following questions one at a time.

After you have asked these questions and responded to them in longhand on large, line-less sheets of paper, start to make up questions of your own. Ask anything you'd like. Just remember to remain calm and quiet after asking a question, not only so that you can potentially hear the response but more importantly so you can feel the response come to you.

After doing so open up your eyes, lift your chin from your chest, pick up your pen and start writing. Keep these things in mind as you write:

- a) Write as fast as you can—doing so will not only prevent your obsessive mind from taking over, but will keep your connection with God flowing.
- b) Refrain from reading what you are writing. It will only throw you into a judgmental state of being.
- c) Always write what you feel, no matter what it is. This will keep you connected to God through the only place open enough for Him/Her/It to come fully through—your heart.
- d) Keep your pen moving at all times, even if that translates to scribbling. For if the pen stops, so does the inspiration pouring through you, and so does your connection with God.

Here are the sample questions I suggest you start off asking, one at a time:

*Why is it that I am drawn to writing?*

*What is it that I am meant to write?*

*What is it that I am meant to write now?*