

Chapter One

The Truest Essence of Writing

As I mentioned, my vast experience in this area has led me to believe that writing is an innate form. In other words, if we are Writing Right, we all have the ability to do it well and thus experience all of its life-changing, healing, and expressive benefits.

I define Writing Right as connecting directly with the spirit of God first and then allowing the Divine Essence of Spirit to come pouring through your writing. It is from this exact, divine presence that all great works of writing have sprung, even if that only be a journaling passage that positively altered your life.

I want to make it crystal clear that, in this regard, I strongly differentiate between so-called “channeling” and “communing,” which I see Writing Right as being.

From my perspective, for clarification purposes, channeling enables one to connect with spirits from a variety of developmental levels, some good, some not so positive.

Communing, on the other hand, depicts an exclusive, divine connection between the Almighty, which is a derivative of what I believe Writing Right to be.

To start Writing Right (WR) it is first important to realize that one of WR’s most valuable benefits is that it gets us firmly planted back on our spiritual path. So it would be safe to assume that the initial thrust of consciously beginning WR for the first time or after a long delay in doing so is that we will be getting nudged back onto our spiritual path. And this is usually done through what is commonly referred to as a catharsis, or a clearing away of all the stuff that has accumulated between us and being firmly situated on that path. As a result, much of this book is devoted to sharing exercises that are specifically designed to get you back on track. Because so many of us have innocently strayed off our spiritual path, needing to get back to that natural place of direct, divine connection is normal. Because we are returning to our most natural of all homes, through WR, doing so doesn’t take long at all. In fact, I have personally witnessed, time and time again, writer’s block of twenty years or so being cured within minutes of employing the methods laid out in this book. A more permanent breakthrough takes a bit more effort though -- thus, the reason for this book.

Either way, once you reconnect, this natural, divine, expressive art form begins flowing through your writing, releasing your personal depth and brilliance, just as it was meant to do.

Remember, when we are WR, we connect directly with God/The Almighty and He/She communes directly with us. And nothing could be finer than connecting back to your truest essence and allowing it to pour through every aspect of your being and life.

We may have innocently fallen off the divine path of WR, so let me simply cut to the chase. That way you can move through all of this necessary material as quickly as possible and get back to WR as quickly as possible.

Simply put, modern culture, in an attempt to intellectualize its understanding of writing and life in general, and thus seemingly give it greater control over its fears around the expression of both, has chosen to view the art of writing as a purely intellectual activity. Thus, modern culture, which almost exclusively logically minded in its point of view, has chosen to couple the art form of writing almost solely with the likes of editing, rewriting, condescension, criticism and all of the pain, suffering, and delay that seems to go along with these activities.

In reality though, writing is a holistic art form, composed of the same exact four aspects that compose every being: the physical, mental, emotional, and spiritual.

Leaving out three of these aspects from consideration would be like trying to direct calories, vitamins, and nutrients only to your left leg, while ignoring the right leg and both of your arms.

So, yes, what I am saying is that to ignore three quarters of who you are is completely self-defeating and absolutely counter-productive to us being able to fully receive and embrace the innate, spiritual connection we all seek, and is so easily and affectively delivered to us by WR.

To better understand the essence of each of these four aspects is the first essential step to grasping the uniqueness of each element. Even though each of the four aspects are comprised of the same energy, what differentiates between them is the denseness of each aspect.

The physical is easily the densest, followed by the mental, the emotional, and then the spiritual.

With WR, God is trying to commune directly with us. As well, God is not currently and completely manifested in human form and thus doesn't have to adhere to the denser energy of that physical manifestation. Thus, as a result, He/She/It is even lighter and less dense than the God spirit within each of us.

To directly connect with God is our divine birthright. To do so, and thus to meet God where He/She/It resides, we must raise our vibrational level above that of the mental, physical, and emotional sides of ourselves.

We can do so in a measurable way by writing at the speed of at least 1,500 words an hour. This speed is the magic point where our God spirit connects directly with the God spirit of the Divine, which is stretching as deeply as It can to reach us.

In fact, you may have already experienced this unique connection using the art form of writing, when your pen just seemed to be flying across the page or your fingers moved like lightning as they jumped across your keyboard.

Yet, even during what could be viewed as a very frantic time, you were calm and at peace. You may have even lost track of time as aspects of God, such as wisdom, guidance, or understanding, came pouring into the slower, flowing aspects of yourself.

If you have experienced anything like this in the past, you have felt the healing power that comes with the connection of writing.

You probably just didn't know what you were experiencing and if you did, you didn't know how to recreate it. Or you innocently didn't stay with it long enough to feel its full permanent effects.

But when God comes through you via your writing at this speed and you stay with it long enough, all aspects of you are soon healed: the mental, physical, emotional, and your often ignored or unappreciated spiritual side, as well. As a result, you are set free to express, through every pore of your being, the divinely connected expression that is your birthright as a direct descendant/child of God.

Chapter Two

Reaching That Speed

To reach or exceed the writing speed to which I am referring is simple and easy. It's simple and easy because following the path back to your full self is natural, and thus we all possess an innate ability to do so.

In fact, I guesstimate that over 95 percent of those who have entered my classes, lectures, and retreats for the last three decades are easily able to reach that speed within a few minutes of instruction and guidance.

That's all.

So how can you do it? Simple.

Go to my website, www.TomBird.com.

On my homepage you will see a tab entitled "Free Gifts." Click on that tab and download the free audio download, *Transitioning Back to the Author You Were Meant To Be*.

Don't allow yourself to become intimidated by the title of the audio download. I am not trying to make you into an author you may not want to be. However, your use of the relaxation exercise that makes up Track One of the two-track audio download will relax your physical, mental, and emotional aspects to such an extent that your spiritual side will then be able to directly connect with Spirit.

The second track, which is subliminal in nature (more on that later), keeps you connected.

Go to my site and download this audio track right now; you will need it to set the stage from where you will write, and thus, where you will connect through your writing.