

HEAR  
~~WRITE~~  
RIGHT  
FROM  
GOD

*The Roadmap for Which Your  
Soul Has Been Crying Out*



TOM BIRD

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# ONE

## SOMEWHERE ON A VERY DEEP...

Somewhere on a very deep, thought-to-be-forgotten soul level, you know the answer to the question about who you really are – that is, what’s your true identity?

Everything that you are and will be, the impression that you will leave on this earth, during this journey referred to as life, is directly tied to the correct answer being received by you to that question.

And there were times, no matter how long or short or deep or shallow, when you felt you were there, when you embodied the answer and all you had to do was to dig a little deeper to grasp it, examine it, and then understand it. But you were just so deep into experiencing it at the time that you didn’t want to leave how you were feeling to pursue the latter, and so you didn’t. And once you lost that connection to that special “at one with your truest self and thus the Universe state” you all of a sudden felt so lost again, as you once again found yourself in the familiar state of aloneness.

Out of desperation, you immediately defaulted to try and recover what you lost by returning to the pursuit of a societally accepted, symptom-only option such as getting a reading, giving going to church another try, losing yourself in an event, a sports team, a new love, a holiday, or some other justifiable distraction. But it wouldn’t be too long before the familiar longing, the pain, would once again return and you would be back to the conscious seeking of your true identity and the true meaning of your life and every life as well. This book leads you to and addresses what you long for, what you seek, and most of all, deserve, so it can become a permanent, never-to-be-lost-again-part of your life.

Who is this book for?

It’s for all of us – the seeker, the found, the lost, the church goer, the non-church goer, the new ager, the clergy, the guru, the old, the young, the gay, the straight – anyone who knows there is more to this thing called life but just can’t seem to put his/her hand exactly on what it is that’s missing. This book is for you! No matter how much of the so-called “work” you’ve done on yourself, you will have plenty of enlightening ah-ha moments as things will finally begin to make sense. Through the culmination of those ah-has, you will recover and embody your identity and purpose behind your life, but, more importantly, you will automatically begin embracing your true identity and begin living the purpose directly associated directly with it.

And the best part is that others will begin to notice a vastly different you because you will be happier, more loving, look younger, healthier, fitter, and they will want to know what’s happening with you. And when you tell them, they will begin doing what you’ve done in this book, too, and the inheritance of the divinely led message meant for all of us will spread like moonlight.

*“Imagine there’s no countries  
It isn’t hard to do  
Nothing to kill or die for  
And no religion, too*

*Imagine all the people  
Living life in peace*

*You, you may say I’m a dreamer  
But I’m not the only one*

*I hope someday you will join us  
And the world will be as one*

*Imagine no possessions  
I wonder if you can*

*No need for greed or hunger  
A brotherhood of man  
Imagine....”*

*- Yoko Ono & John Lennon*

*Notes to Myself*

*Notes to Myself*

*Notes to Myself*

# Two

## You Made A Promise...

You made a promise to do such and such, which so many other actions of other soul purposes depend upon, by such and such date and you're going to do it! The world, your world, is depending upon it!! You promised!!! And, as your soul, your direct offspring and connection to your ultimate parent Mother/ Father God, we're going to live it, do it!!!!

There is only one who has both the insight and authority to detail for you exactly who you are and thus why you are here, on this earth, here and now. And that Source is the one who created you and has loved you unconditionally ever since. And as a direct offspring of that Source, you deserve the right to hear that Source and the truth, love and wisdom He/She constantly shares. This truth does not come from those places where human error runs rampant, such as through the words of a church, guru, clergy, or psychic, whose jobs ideally should be to lead you to your own recognition of that ultimate of all connections lying dormant in you, directly for yourself.

Renowned Best-Selling Author/Speaker Neale Donald Walsch did it with his *Conversations With God* series, completely debunking that you have to go through some outside source, supposedly a better-connected source than one's self, to be graced with such an honor.

Walsch's story goes like this.

Though raised by a Catholic family, Walsch was encouraged to seek his own spiritual truth. Thus he was prepared at an early age for the road his soul would ask him to travel.

Until he penned his *Conversations With God* series, Walsch lived a pretty routine life, working as a radio-station program director, newspaper managing editor, and serving in a variety of marketing and public relations positions.

But then in the early 1990s life came a-calling. He was not living his soul purpose and it was time he began doing so pronto, immediately, right then and there.

The living of one's soul purpose is a life-and-death issue. It's what each of us came here to do. And if you're doing it your life will be great. If not, the opposite transpires.

For those who are already attuned to the voice of the Source, whom I prefer to refer to as God, what comes through their soul, transitions, and shifts such as the one Walsch went through can be easy, second nature.

For those who aren't consciously attuned to that calling, the eventual shift from the primary focus in their lives being the resolution of karma to the complete devotion to the living of one's dharma, or their life's soul purpose, can be a harrowing one. Walsch fell into the latter of the two groups, suffering a series of life-shaking blows, from a fire that destroyed all of his belongings, to the break-up of his marriage, and a car accident that finally left him with a broken neck.

And that was just the start of things to come.

As Walsch would see, the soul is relentless.

Eventually he retreated to Jackson Hot Springs, Wyoming, where he collected and recycled aluminum cans just to earn the money he would need to eat.

He thought his life had come to an end.

But there was one thing that hadn't given up on him. The voice that identified Itself as

God kept streaming through him. Left all alone with nothing else left to do, Walsch finally gave into the voice and began doing what it directed him to do.

Walsch's first book, *Conversations with God*, was published in 1995 and became an international bestseller. It remained on the *New York Times* Bestseller List for 135 weeks. Six of his other books have made the *Times* list in the years since. Over the course of his career, Walsch published 28 books and his works have been translated into 37 languages.

And this all transpired for Walsch because he, first of all, listened to the voice of God streaming through his direct connection to his soul, which is available to all of us, in various forms as direct descendants of the Almighty. And then, secondly, even as absurd as God's suggestions were, he followed through on what was being suggested.

But that wasn't the only documented case in history when God spoke directly to a human being. In fact, the Bible is loaded with such instances.

It has been detailed numerous times in the Bible, including the following:

- God conversed with Adam in the first garden.
- She/He told Noah to build an ark.
- She/He spoke to Moses in a burning bush.
- He/She promised Abraham a son.
- Paul heard His/Her voice on the way to Damascus.
- God spoke to Cain (Genesis 4:6), to Jacob (Genesis 28:13-15; 32:26-29), to Elijah (I Kings 19:9, 11-12); to Samuel (1 Samuel 3); and to Jesus many times.

And outside the context of the Bible there are even more documented accounts of this transpiring other than to Walsch. Saint Joan of Arc not only heard and listened to but also acted on what she heard God say to her, which led her to being declared a saint by the Roman Catholic Church in 1920.

And it is chronicled that in the winter of 1956 that Reverend Martin Luther King sat at his kitchen table frightened to death about what may happen to him and his family should he follow through with his participation in the Montgomery bus boycott. It was then he heard the voice of Jesus come through, proclaiming, "I will be with you."

In response, King moved forward, igniting his legendary civil-rights ministry.

The point I am trying to make is that the crucial point in moving from ordinary to extraordinary comes directly as the result of not only hearing God and listening to what He/She has to say, but also acting upon what is shared.

And the good news is that God operates like a 24/7 radio station. She/He is always broadcasting. And all you have to do to hear Him/Her via one of the endless number of modalities available to you is to tune in, which is what this book is devoted to direct you to do.

The second bit of good news I want to share is that, according to a 1999 Gallup Poll, 23% of Americans already openly admit to having heard a voice or seen a vision that they felt was a direct response to a prayer. This number, because of a variety of factors, is sure to have gone up in the time since the poll was taken.

A byproduct of these communications has been not only the wisdom and guidance that was shared but also the majority of the 23% report feeling vastly more loved as the result of the interchange. And the power of love, the great healer, has been proven throughout the ages as well.

I'm here to assure you that you can do it too; that is, to reciprocally communicate back and forth with God. In fact, as a child, a direct descendant of Him/Her, you already are

programmed to do just that.

All that has to be done for this reciprocal communication to transpire in your life is for the effects of the inappropriate thinking you've been injected with to be removed and to be replaced by the sage wisdom and pre-programmed guidance, as a child of God, that you were blessed with.

But before we begin on this most important of all journeys, let me first introduce myself; it's important that you get to know your tour guide, so you may trust him.

*Notes to Myself*

*Notes to Myself*

# EIGHT

## UNDERSTANDING AND THEN REMOVING THE ORIGINS OF OUR RESISTANCE TO COMMUNING DIRECTLY WITH GOD

If you can, just for a moment, close your eyes and take a few clearing, relaxing breaths. Do this until you feel completely relaxed and open. Once there, allow a soft, big, acknowledging smile to grace your face.

For your soul is directing you to a place to which you are intimately familiar. It is a place, that even though you may not consciously recognize it, it still feels like home.

As you ease back into this most special of all places, like slipping into the soft cushion of a favorite easy chair, you notice that you are surrounded by tens of millions of soft, living scrolls, all neatly, comfortably aligned on book shelves. These scrolls represent every topic imaginable and are of various sizes, shapes, and colors.

A shelf moves forward from among millions of other shelves, taking its place right before you. What makes this shelf so unique and special to you is that it houses every experience ever experienced, every bit of wisdom or knowledge ever garnered, all symbolically represented as the books that now stand directly before you, all co-authored by God on this other side of life.

As you can now feel, your mission was not just to witness the presence of these scrolls but to deliver so much of the wisdom symbolically represented by them into your own life, while you are on the human side of existence.

As you can feel, each one of these scrolls boasts of a uniquely special representation of the cornucopia of the ultimate message of life. As well, each carries its own, separate, individual personality, demeanor, and life force. Each, as well, is dying to be born, and will literally do anything necessary to live and fulfill its life mission, including relentlessly nagging and consoling you to be born into human existence.

And one of the scrolls situated on the shelf next to you has your name on it.

As you slowly, carefully, pull that scroll off the shelf, you feel it – the pain, the rejection and the resistance so oftentimes associated with dropping away the facade of the severely limited “you” that others want you to be, so who you truly are, your true identity, can manifest in human form.

At that moment, you realize that the only person who has kept this from transpiring in your life, up to this point, has been you and only you.

You realize at this time, as well, that at the epicenter of your resistance is the belief that should you step into and embrace your truest of all identities while in human form, you will be rejected, as so many before you have been. You are frightened that you will be rejected, potentially even attacked, by the throngs of others who are not only frightened to take the step you are about to take but so frightened that these normally, relatively nice people, are willing to go to all lengths to harm the messenger trying to deliver the message to them about who they really are.

This deep-seated fear in them has manifested in the form of a society that has figuratively slaughtered, in one way or another, tens of millions, who have attempted, like you about to do, to bring through the divine truth about who we truly are.

You realize that there is one block that keeps you from releasing the wisdom represented by

the scroll, which you hold in your hands, and its divine message. And that one block is your belief you will be persecuted, in one way or another, for doing so. At this time, you realize that the greatest persecution of all, which you fear, is the loss of love of those you love and depend on for the love in your life.

\* \* \*

On a conscious, human level, what is it that has been most holding you back, sabotaging your efforts in a variety of ways, from birthing the wisdom represented by the divine presence of these scrolls?

I realize this may be the furthest thing from being true in other areas of your life, but in this one specific area of your life, it is your fear of success that has been holding you back.

“What?” you’re probably thinking. “You must be kidding me????? Are you nuts? Who would ever fail because of success?” You, and yes, I am nuts. What’s that line from that Jimmy Buffet song? “If we weren’t all crazy we would all go insane?” So I would rather be crazy or nuts. That way I can keep myself from going insane.

Am I kidding you with this whole fear of success thing? No.

When I first started teaching decades ago, I was not only amazed at the number of people who wanted to write books and thus attend my classes, but I was even more amazed at the degree of success most who were attending my classes had already achieved in their lives.

My classes were jam-packed with executives from some of the largest corporations in the country, many who had acquired master’s degrees and PhDs; those who had recovered from major illnesses, started their own business, or raised families and been great parents; you name it, they were in my audience.

What startled me most about them was that so many had been so successful at other areas of life that I considered to be much more challenging, yet they had failed at something as God-given, God-directed and, at its root, as natural as breathing: writing.

Sure, like all of us, educationally they had been innocently led astray by those who did not understand the essence of writing at the root level, yet devotedly attempted to teach us what they thought was the truth. Yet the persons who attended my classes were individuals who I was sure had bucked the odds several times before in their lives, swam upstream against the current of life and succeeded. They had overcome many boundaries in their lives to accomplish what they had. Why, then, had they not succeeded with their writing, which appeared to be much more important to them than so many other successful endeavors?

I thought there must be some sort of internal block that was keeping them from really going after their writing dreams and moving beyond their educational misunderstandings to which they had all been exposed. But what was that block?

I knew that if I could uncover what it was that had kept these successful individuals from succeeding at the game of writing with the same vigor at which they had succeeded at the game of life, I would be able to really help them by doing something about it.

I decided to put the knowledge I had acquired from more than 30 hours of course work in psychology while in college to work. I decided to put it to use in conducting a survey with my student base. The survey was designed to uncover what it was, internally, that was holding these would-be authors back.

What I discovered astounded me because it was so different from what I expected. I discovered that in the vast majority of those surveyed, their biggest, controlling, and usually unconscious fear was not a fear of failure, but – you guessed it – a fear of success.

Here are some examples, some extreme, some not, of the types of responses I received on

my surveys; some of these may resonate with you.

“If I am successful as an author, people will know more about me than I am comfortable with them knowing.”

“People like the little guy. It’s the guy with all of the fame and money that makes the front pages of tabloids, and if I am successful as a writer, that guy will be me.”

“I’ve been living the same style of life for as long as I can remember. My life may not be everything I want it to be, but no one can guarantee me that it wouldn’t be a heck of a lot worse if I were to go for it and succeed as an author.”

“I may be seen as brilliant by some, but crazy by others, if I were to really let people know who I was through the writing of a book.”

“If I were to succeed as an author, I would be scared that those closest to me wouldn’t be able to understand me anymore, or maybe I wouldn’t be able to relate to them anymore. I would lose them and there is nothing I want more in my life than them.”

“If I were to succeed as an author, I would be hounded by all types of responsibilities I don’t have now. My life would no longer be my own.”

“I would have to leave those I love to do what I want to do.” “For the first time in my life I would have something I would be scared to lose.”

Even though the degrees of severity by which these would-be authors would be inflicted was different, to them being a successful writer equated to dealing with a strong catalyst for change in their lives. That, of course, would bring them out of life’s shadows and into the forefront. This would equate to opening up to some sort of put-down or persecution. In the worst cases was the potential loss of love by those who they personally depended upon. This would transpire because the would-be author succeeded because he or she, in essence, would be holding a mirror up to those who they most admired. In the viewpoint of the would-be author, this would be insulting to the person who, metaphorically speaking, was forced to look into the mirror being held up to. This, in turn, could cause that person to feel unworthy, incapable, less-than and, subconsciously a failure. Because of these reactions from these persons, which the author had previously been on the receiving end of, these persons would grow jealous or envious of the author’s success or even of them just having the guts to take the steps they did.

As consciously ridiculous as this may seem, I know these fears, even though they are mostly subconscious, to be very real, not only in my work with my beloved authors but also in my own life as well.

Why would this be the case?

First of all, there are those who have strayed off the same soul path and get lost. They forget that life is a lot more than just holding down a job one hates and through denial digging themselves an early grave. They forget, because possibly they never consciously knew, how wonderfully God-connected they really are.

“Those who give up on their dreams will discourage yours.” This is a bumper sticker found on the back of my car.

When you embrace your own divinity, your purpose, your message, your voice and your path, subconsciously it can slap those who have given up on their dreams good and hard right across the face. If they are not internally strong enough or brave enough to even be in touch with their own feelings or their own reactions to you, these same exact persons immediately project those feelings, which they really weren’t strong enough to face themselves, onto you and make you the bad person.

Ridicule immediately results and all of a sudden you find yourself being put down for taking the very brave step of being the God-led you, a step which so many are frightened to take, but which would do so much for all of us if we would all just stride into our own divinity of being a

child of/direct descendant of God. Were that to happen, racism, jealousy, hatred, and envy would soon become things of the past as we would no longer want what someone else had because we already would have all we needed.

To have everyone embrace their own, individual divinity is a dream, but a worthy one. Routinely connecting directly back to the power and grace and love of our Almighty parent is one way to take the step of clearing out all the baggage that keeps every one of us from making room for our individual divinity in our lives – and then allowing that divinity to have a direct form of expression through each one of us.

My experience in this area, which I have mentioned has been vast, has shown me, time and time again, to be the case. In fact, it is biggest reason I keep teaching after all of these years. Over the course of a weekend, I have grown enamored watching the birthing of a soul through the simple task of writing a book. It brings me the greatest of joys.

The most painful derivative of the persecution we fear comes at the hands of the jealousy or envy projected upon us, especially by those we love the most.

We have felt the wicked lashes of that envy slice through our hearts before and we don't want to feel it again, especially since the attacks we may be on the receiving end of may have been deeper and more penetrating, all as the result of our stepping out of the closet, so to speak, then we have ever felt before.

Personally, my experience has taught me that connecting back directly to God is a divine art form and one that we all have access and the innate ability to do. And when we return to that natural state, it comes easily, smoothly, and quickly for all of us, including those who have been blocked for decades. Simply by doing the right things to ease one's way through the block and then reconnecting with the divine inspiration, we all have access to the other side and the wisdom, and insights flow out easily, smoothly, and inspirationally.

I have seen this transpire thousands of times in my retreats and classes. And this would not have been able to be the case had connecting with God not already been a natural art form, available to all of us. For each and every time I helped my students remove their innocent, self-imposed blocks and to reconnect to God, they did just that. And that would not have been possible had they not already had an established place to land. That place, of course, was on the runway of their personal path to God.

Envy appears as the result of you going there and someone else not feeling they can't get there themselves, or those people even believing they even had such a personal, divinely ordained path available to them.

So instead of studying the success routes of others, most people choose to put down the brave individual for taking the steps. This is the case because the envious individual is scared, because of the reasons already listed above, of his or her own success in this area.

So what is one to do?

Should you cave into the pressures and opinions of others? Would that benefit anyone? Crawling back into the shadows that once loomed over you benefits no one.

This concept is best covered in this passage from the classic poem "Our Deepest Fear," written by bestselling author Marianne Williamson.

*Our deepest fear is not that we are inadequate.*

*Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness That most frightens us.*

Stay with Ms. Williamson's words for a moment longer. Read them again a time or two. Breathe them in. And then do that again and again. You may even want to make it a part of your

daily routine to read over and really absorb the essence of Ms. Williamson's full poem every morning. I know I do and doing so has significantly enhanced my life.

So what can you do about those who react enviously to your steps forward on your inspirational path?

Love them! That's right, love them!

For in essence, they are doing you an extreme favor by bringing to your attention, through the projection of their fears onto you, exactly what it is that is keeping you from stepping into the full you.

And once you have healed yourself of those wounds, on a soul level, there will no longer be a reason for them to mirror back to you your former fears, because they are gone. And, as a result, either the projection and the need for it will disappear or the person who was doing the mirroring back to you will disappear from your life.

There's an old saying that goes something like this: "The child that deserves to be loved the least, needs to be loved the most." For like everyone, and as dismal as it may appear at times, they are simply doing the best they can. So how can you fault someone for doing the best they can?

So how do you love them?

You love them by accepting them for who they are right here and right now, as opposed to expecting them to be something they are not. And here's the greatest personal gift that will come out of loving them: when you love them, despite their unappealing characteristics, you will really be loving yourself. For we all are mirrors for each other.

Have you ever noticed that when you've had a conflict with someone that when you finally just gave in that the person you were in conflict with seemed to have done the same?

Loving certain characteristics in others that we find unappealing offers us the opportunity to love those same characteristics or wounds within ourselves. Once we dip into feeling a sensitivity and compassion for another, we are really feeling that same compassion and sensitivity for ourselves. It is then that the healing of ourselves by ourselves transpires, which is what life is all about. And the more healing that takes place, the more room is free for God to inhabit each of our lives, and the greater impact we each will have during our time on the planet.

You know as well as I that real love is not a result of some sort of bargain; "I will love you if you will love me."

Real love, the divine love you are experiencing and furthering in your life, expects nothing in return. It just is and seeks to be expressed, shared, and to find a home in the hearts of others, no matter how hard those hearts may be.

Did you ever notice that the person who dislikes dogs or cats the most is also the one those animals seem uncontrollably drawn to? That's because that person needs the love of those divine beings more than anyone else. And all the animals want to do is to share what comes so naturally to them with everyone, especially those who need it the most.

So how do you love those who attack you with envy or jealousy?

In reply to that question, first of all, let me ask you the question; what is the one thing that you can give to another and possibly the world that no one else can?

Your true, divine self.

So how do you love another by just being you, yes – and not the someone they supposedly want you to be? Don't, especially initially, expect anything from them and ruthlessly and with reckless abandonment, just be who you are, which makes them grow more and more comfortable with who they are. Or if they are not willing to go there, they will learn to eventually just leave you alone. For the anger that they toss at you, when not absorbed by you, returns to them. And, at least, they will stop being so downtrodden because, with you no longer taking out their emotional garbage for them, they will end up having to do so, then will finally begin to catch a whiff of their

own stink that they have been casting out for years. Only after their pain becomes so great will they reconnect to their divine beings and will finally be willing to change by learning from you, or on their own.

“To thine own self be true,” wrote William Shakespeare.

It’s time to quit using others as an excuse for you not being you. For in reality, in their own desperate way, these blessed souls are trying to challenge you to bring out the real you in the only way they know how.

For a greater perspective and a faster path through this necessary transformation in your life, I suggest you read and do the exercises in my book, *Write to Heal*.

*Notes to Myself*

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# HEAR ~~WRITE~~ RIGHT FROM GOD

Best-selling author Tom Bird has been hearing directly from God ever since he first learned to write. And, as he has done with tens of thousands who have attended his classes, workshops, and retreats, he can teach you how to do the same for yourself.

Imagine hearing directly from the Almighty.

How would your life be altered?

Just look inside and see...

**“Tom Bird reminds us that we can do anything through our connection with the Divine, and that writing is a divine way to do it.”**

- Nancy Aronie, *Author of Writing From the Heart*, 1998, Hyperion

**“Tom is definitely one of the holders of the vision.”**

- Carol Adrienne, *Author of The Purpose of Your Life*, William Morrow & Co., Inc., 1999 and *Tenth Insight: Holding the Vision* (with James Redfield), 1996, Grand Central Publishing

Tom Bird experienced a spiritual awakening in 1982 that led him, at the age of twenty-six, to the publication of his first book by the then third-largest publisher in the United States.

Since then, he has devoted his life to sharing what he learned from his life-changing experience.

Tom has authored more than thirty other books, made over five thousand speaking appearances at top colleges and universities, and his work has been featured by some of the most popular newspapers and radio/TV shows nationwide.

Even after nearly 40 years of sharing his divine message, Tom still remains committed to teaching how to connect directly with God through one's writing.

It is his calling.

He and his family reside in Sedona, Arizona.

**“Tom Bird is simply the finest writing instructor in the world.”**

- Paul McCarthy

New York Times Best-Selling Author and legendary editor to nine #1 New York Best-Selling Authors, including Clive Cussler and Stephen Coonts